

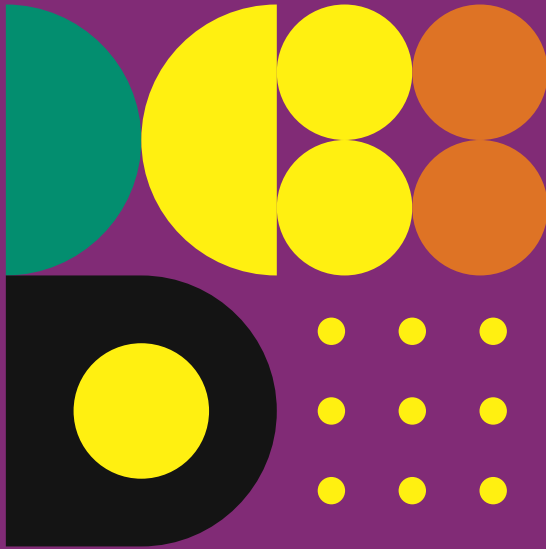


**SIMEOS ORFF-SCHULWERK**

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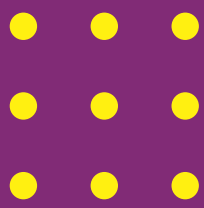
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**SIMEOS  
INTERNATIONAL  
SUMMER COURSE**

Orff-Schulwerk



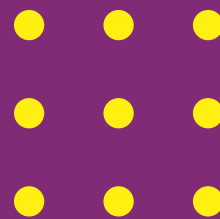
**1-3 JULY 2024**

HELENA CUARESMA MAESTRE  
SOFIA LÓPEZ-IBOR  
ESTÊVÃO MARQUES  
LAURA FACCI

**WORKSHOP  
MINDFUL  
BODY MUSIC**

**3-4 JULY 2024**

KEITH TERRY &  
VALENTINA IADELUCA





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HELENA CUARESMA MAESTRE  
SOFIA LÓPEZ-IBOR  
ESTÊVÃO MARQUES  
LAURA FACCI



**1-3 JULY 2024**

1-2 July 9am-5:30pm

3 July 9am-12:30pm



# SIMEOS INTERNATIONAL SUMMER COURSE

Orff-Schulwerk

**1-3 JULY 2024**

1-2 July 9am-1pm • 2:15pm-5:30pm

3 July 9am-12:30pm



## PERCUSSION FOR THE CLASSROOM

**HELENA CUARESMA MAESTRE**

Learn how to use rhythm and group work in a practical way, with activities that you'll be able to use with pupils of any age group, from children to adults and everyone in between! Working with rhythmic activities, you will focus on ownership and creativity to engage with your students and make sure they enjoy themselves. During this workshop, we will use body percussion, singing, movement, reed instruments and, of course, percussions.

## MUSIC & ART

**SOFIA LÒPEZ - IBOR**

Take inspiration from the Orff-Schulwerk educational model and explore the things that connect visual and performing arts!



## BATUCADA SONG

**ESTÊVÃO MARQUES**

Sing, dance and have fun! Create group musical arrangements using songs and music from children's games, traditional songs and original compositions. With each song we will create an engaging environment for different group activities, using different instruments including: xylophones, drums, body percussion, spoons, buckets, fabrics... you'll discover a world of sound-making possibilities!

## WARM UP!

**LAURA FACCI**

Warm up activities for the voice and the body to start your day the right way!



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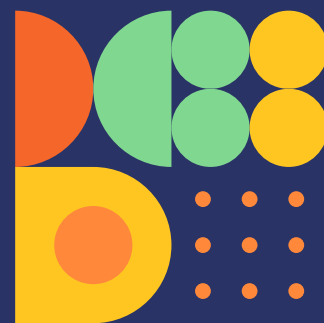


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## **SIMEOS INTERNATIONAL SUMMER COURSE**

**1-3 JULY 2024**

**SIMEOS SUMMER COURSE  
PARTICIPATION FEE € 180**



**SIMEOS SUMMER COURSE +  
WORKSHOP MINDFUL BODY MUSIC € 290!**

### **HOW DO I SIGN UP?**

Fill in this [GoogleForm](#) and attach receipt of bank transfer for the course participation fee. If this is the first time you join a SIMEOS course since 1 September 2023, there is an extra 20€ sign up fee.

IBAN bank account: IT77H05034 11717 000000047194 Account name: SIMEOS BANCO POPOLARE SOC. COOP. - Ag. N 20 via. Col. Fincato - 37131 Verona

### **WHAT IS THE ENROLMENT DEADLINE?**

The last day to sign up is the 23TH OF JUNE 2024.

**ATTENTION:** this course has a limited number of spaces, sign up early to avoid disappointment.

Once the enrolment deadline has passed, please write to [formazione@simeos.it](mailto:formazione@simeos.it) or call +39 347 0147087 to check if there are spaces available before you pay the participation fee.

### **COURSE VENUE**

San Fidenzio CENTRO DIOCESANO DI SPIRITUALITA', Via Pradelle 62 - 37142 Novaglie VR Tel. 045 557002

### **PRICES FOR LUNCH AND ACCOMODATION**

Lunch €15

2 nights full board (from 1/7 to 3/7): €110

3 nights full board (30/06-03/07 o 1/7-4/7): €165

4 nights full board (30/6-4/7): €220

Info and reservations: [barbarasoave67@gmail.com](mailto:barbarasoave67@gmail.com)

### **REFUND POLICY**

We will withhold 50% of the cost if you cancel up to the 21 June 2024. There will be no refunds if you cancel from 22 June 2024 onwards.

### **VIDEO RECORDINGS**

Video recordings are NOT allowed. SIMEOS will provide video recordings of sections of the lessons that will be shared, alongside the handouts, on a Google Drive.

### **OTHER INFO**

You will receive a certificate of attendance at the end of the course.

Please wear comfortable clothing for the course.





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workshop  
**MINDFUL  
BODY  
MUSIC**

KEITH TERRY &  
VALENTINA IADELUCA



**3-4 JULY 2024**

3 July 3pm-7pm

4 July 9am-1pm



# workshop **MINDFUL BODY MUSIC**

**KEITH TERRY & VALENTINA IADELUCA**

**3-4 JULY 2024**

3 July 3pm-7pm • 4 July 9am-1pm



Combining their backgrounds and expertise, **Keith Terry & Valentina Iadeluca** bring you on a two-day journey that will entertain, enrich and transform you, showing you all the ways that **Body Music** can be used outside of standardised music teaching and learning.

Invented by **Keith Terry**, the **Rhythm Blocks** system has travelled the world. This is a series of movements linked to the body that can be repeated, combined, inverted, moved to the left and to the right, organised in musical sequences and accompanied by the voice.

Music teachers (and non-music teachers we well) who were able to attend a workshop with the father of contemporary Body Music, had the chance to experience first-hand the versatility of these materials and the countless ways they can be used in the pedagogical realm.

But there is more. **During a Body Music lesson, people feel good** – regardless of their age or their initial abilities. They experience a sense of connection to themselves and to the group with the help of the musical experience that allows them to be fully present, fully in the moment and fully ready to get involved.

## **Why does this happen?**

**Valentina Iadeluca** – previously an Orff-Schulwerk inspired musical and movement educator, and now a body psychotherapist – will use the Polivagal Theory (Porges, 2001; Dana, 2021; Montano & Iadeluca, 2023) as a lens through which one can look at the extraordinary **power of body music**, both on a personal and collective level.

Valentina will guide the group through short moments of mindfulness and self-exploration that will intersperse musical activities. The objective is to help participants shine a light on what happens on a deeper level while they're expressing their musicality with their hands, their feet, their thighs, their chest, their voice.

As a participant, this will be an opportunity to get to know yourself better and to better understand what happens to you when experiencing an approach to music that focuses on the body and rhythm, and what does it mean to be led in a group that never judges and is always inclusive. This awareness can become an important resource to be used in the classroom with students, who can experience Body Music and get a feeling of belonging both in their own bodies and something that is bigger than them.

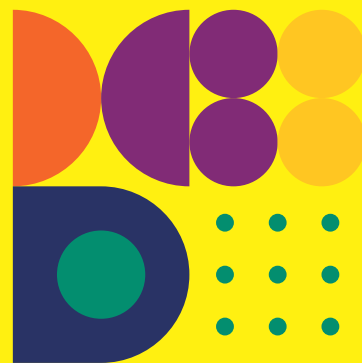


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# WORKSHOP MINDFUL BODY MUSIC

3-4 JULY 2024



**WORKSHOP PARTICIPATION FEE € 150**

**SIMEOS SUMMER COURSE +  
WORKSHOP MINDFUL BODY MUSIC € 290!**

## HOW DO I SIGN UP?

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